

Police Sport UK

Track, Field and Tug of War Championships

2013



Held under UKA Rules

Prince of Wales Stadium
Cheltenham, Gloucestershire.





It gives me great pleasure to welcome you to the Prince of Wales Stadium, Cheltenham, for the 85th Police Sport UK Track and Field and Tug of War Championships. I hope that you have the opportunity to see some of the excellent facilities that Cheltenham has to offer during your time here.

I would like to thank the PSUK Committee for selecting Gloucestershire to host this prestigious event and the organising committee of the Constabulary Track and Field section for their hard work in making the necessary arrangements.

I would also like to thank the athletics track and field judges who have worked hard to make these championships possible and Paul Richards for his assistance with the tug of war event.

I recognise that many hours that will have been spent in training and preparation for these championships. I have no doubt that this hard work and dedication will be reflected in the quality of competition throughout the day.

Your championship dinner will be held at the Queens Hotel, The Promenade, Cheltenham. I hope you enjoy the experience and excellent hospitality this venue has to offer.

Finally, I wish all competitors, officials and spectators an enjoyable and successful championship.

Suzette Davenport
Chief Constable
Gloucestershire Constabulary



As Chairman of PSUK Athletics section, I am delighted to welcome you to Prince of Wales Stadium in Cheltenham, for the 2013 Track and Field and Tug of War championships.

Whether you are an athlete, coach, official or supporter you are guaranteed an exciting day of competition where athletes from as far afield as Inverness to Penzance will pit their skills, speed, strength and stamina against each other.

My thanks go to Suzette Davenport the Chief Constable of Gloucestershire Police, for kindly agreeing to host this event but especially to Marc Flannery, and his team, for doing all the hard work behind the scenes to put this special day together.

I know that Greg will also be competing on the track and I very much look forward to seeing you all on the day.

Yours in Sport

Mike Bowron QPM
Chief Officer States of Jersey Police
Chairman PSUK (Athletics) Section

We will be awarding medals to the first three in each track and field discipline. A number of track event may require heats to be run in order to create finals. However, if there is no requirement for a heat on the day then the event will be run as a final at final time. In all field events except High Jump and Pole Vault all competitors will have three trials with the best eight having a further three trials. Where men and women compete together they will be classed as two separate competitions. All competitors MUST wear force colours and race numbers on both the front and rear of their vests (with the exception of the high jump and pole vault athletes who are only required to wear one number). In relay races athletes will be wearing letters. Race numbers must not be folded or defaced in any way and should be attached to their vests by four pins. Safety pins will be included in your welcome pack in a small plastic bag.

Parking

There is free car parking available in a car park adjacent to the Stadium which will be signposted. There will also be overflow parking which is at the rear of the leisure centre opposite the stadium.

Registration

All athletes must register at the registration table, which will be situated within the main foyer, 45 minutes prior to each of their events, or at 1400hrs at the latest in order to collect their competitor number. Prior notice of any withdrawals would be appreciated. After declaring their intention to compete in track events athletes WILL NOT be allowed to withdraw without due cause. If they do they WILL be disqualified from competing in any other event during the day, including relays.

Refreshments

Refreshments will be available in the Stadium. Lunch packs will be available at the venue for all the athletes. Lunch tickets will be supplied in welcome packs.

Equipment

Please note that most equipment will be provided on the day apart from pole vault poles, due to health and safety competitors are expected to bring their own poles. ALL PERSONAL EQUIPMENT TO BE HANDED IN TO TECHNICAL MANAGER ONE HOUR BEFORE THE COMMENCEMENT OF THE RELEVANT EVENT. Ropes and scales will be at the venue for the tug of war.

First Aid

There will be a team of first aiders throughout the day at the track.

Physio

There will be facilities for athletes to receive physio in a room adjacent to the main foyer. This will be for a small fee payable directly to the Physio.

Presentations

The presentations of medals and trophies will take place shortly after the final of each event in the front of the stand.

Evening Function

The evening function will take place at The Queens Hotel. This will be 19.30hrs with the meal being served at 20.00hrs

Organising Committee

Thanks to the organising committee and who have co-ordinated this event. We hope that you all enjoy the day.

Gloucestershire would like to say a big thank you to all the officials and volunteers for their work in measuring, judging and timekeeping the event, and to all those who have assisted in the thousand and one jobs that needed to be done in order to make this event successful. Thank you, and good luck to all competitors. Have a safe journey home.



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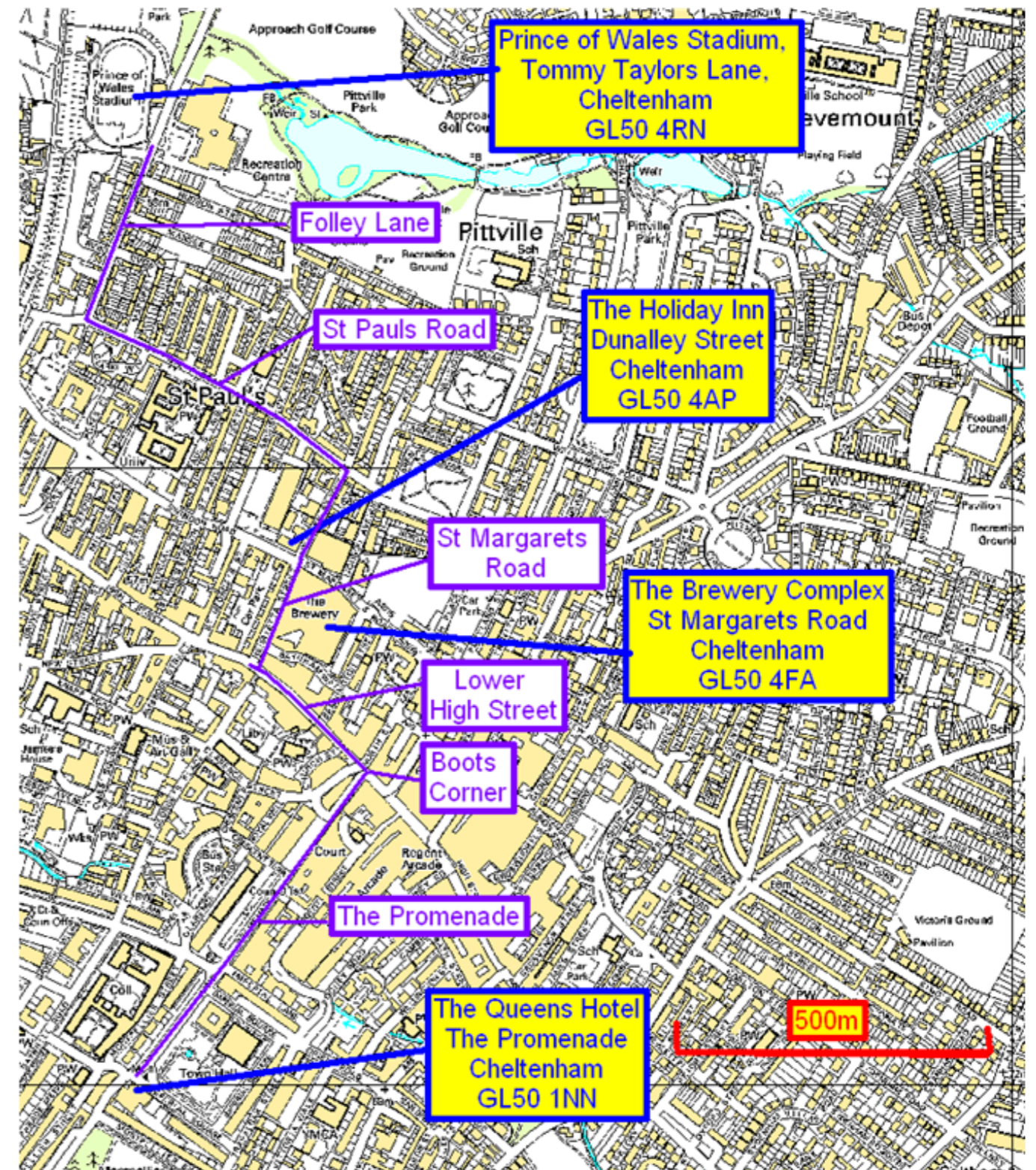
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TRACK & FIELD
and TUG OF WAR
CHAMPIONSHIPS

2013

MAP OF CHELTENHAM



Prince of Wales Stadium,
Tommy Taylors Lane,
Cheltenham
GL50 4RN

Folley Lane

St Pauls Road

The Holiday Inn
Dunalley Street
Cheltenham
GL50 4AP

St Margarets
Road

The Brewery Complex
St Margarets Road
Cheltenham
GL50 4FA

Lower
High Street

Boots
Corner

The Promenade

The Queens Hotel
The Promenade
Cheltenham
GL50 1NN

500m

LIST OF COMPETITORS

City of London
1 Harry PATON

Derbyshire
2 Mark BEER
3 Kevin PYE
4 Kevin LOFTUS
5 Alan McGILL

Dorset
6 Simon FRICKER

Dyfed Powys
7 Paul CLARKE
8 Nicola DAVIES
9 Eifion LEWIS

Essex
10 Andrew HILL
11 Charles QUAEY
12 John JACKSON
13 Mike MONKTON
14 Steve KING
15 Cullen CHITTY
16 Shirley QUINN

Gloucestershire
17 James MILLER
18 Darren JONES
19 Wayne USHER
20 Jo FLETCHER
21 Ben D'ARCY
22 Pete WAND
23 Matt ASTON
24 Marc FLANNERY
25 Dan SMITH
26 Andy LAING
27 Rich SHEER

28 Lorraine RYAN
29 Amanda McGARRY

Greater Manchester Police
30 Mark EVANS
31 Sharon HARPER

Gwent
32 Lisa BOSWELL

Hampshire
33 Jayson RICHARDS
34 James RICKABY
35 Tim PHILLIPS

Hertfordshire
36 Ciaran PALFREYMAN

Humberside
37 Matt HAMMOND

Kent
38 Claire CAPON

Lincolnshire
39 Natalie FARROW
102 Hayley FOX

Metropolitan Police
40 Gary SMITH
41 Ian MAWDESLEY
42 William WILSON
43 Doug GRAY
44 Sam BOBB
45 Louise FOSTER
46 Sharon McHUGH

Northamptonshire
47 Sean TAYLOR
48 Graham CURTIS

Northumbria
49 Steve GILL
50 Will DRIVER
51 Ian RITCHIE
52 Paul CORRIGAN
53 David FRANCE
54 Stacey MOHAMED
55 Sally YOUDAN
56 Sandra JACKSON

Police Scotland
57 Carly SHARP
58 Maureen MACKINNON
59 Alanna GODDARD
60 Cameron ROSS
61 David OGILVIE
62 James LEWTHWAITE
63 Jayne KIRKPATRICK
64 Cameron WILSON
65 James WALES
66 Claire CAMERON
103 David MILLER

South Wales
67 Kate LERWILL
68 Kelly MORGAN
69 Heidi WILLIAMS
70 John DIFFEY
71 Jeremy DAVIES
72 Andrew PRICE

States of Jersey
73 Mike BOWRON

Thames Valley
74 Peter CRISP
75 Ruth WELLS

West Mercia
76 Dave HALL
77 Warren MILES
78 Jan TIMBERLAKE

West Midlands
79 Andy SUTTON
80 Carl DUNNE
81 Darren RILEY
82 Geoff FULLWOOD

83 Gillian RUSSON
84 Glyn JONES
85 Greg RICHARDS
86 Kate MORRIS
87 Kelly MONAGHAN
88 Martin SLEVIN
89 Martin WILLIAMS
90 Sarah ROSE
91 Matthew HENNEY
92 Paul DAVEY
93 Alex BERROW
104 Sophie CLEMENT

West Yorkshire
94 Heather MITCHELL

Wiltshire
95 Stuart DINWOODIE
96 Ben BREWSTER
97 Ricky LEE
98 Lee KUKLINSKI
99 Jane HUGHES
100 Rachel HARDY
101 Jeanette BROWNSEA

UP & RUNNING

TUG OF WAR TEAMS

Beds
Chris POLLARD
George KINDRED
Karen CONNOLLY
David LEE
Henk KRUSE
Hayley ROBINSON
Tim OGBOURNE
Jonathan PAINE
Will WYLES
Michael WILLIAMS

Dorset
Colin NEVE
Chris WEEKS
Chris AMEY
Steve FEDERICO
Martin CASE

Matt MORRIS
Mark PHILPOTTS
Eaun DOUGLAS
Lee LAWRENCE
Andy MARYON
Dan FROST
Chris WILSON

Essex
Skelly LAMBERT
Steve TYRRELL
Stuart BYRNE
Ashley BYRNE
Tom CHERRY
Richard WARDLESWORTH
Jim FINNIGAN
Sam GIRDLESTONE

Gloucestershire
Names to be announced

Metropolitan Police
Vince ESPOSITO
Jim HOBBS
Yeohan KHAN
Sandra RUTHERFORD
Neil POLLOCK
Chris STOODLEY
Peter PALMER
Steve GIBBS
Andy MOSELY

LIST OF EVENTS

Track events

Time	Event
11.30	800m Heats (x2) Male
11.45	800m Female
11.55	400m Hurdles Male
12.10	100m Female
12.20	100m Male
12.25	3000m Walk
12.50	1500m Heats (x2) Male
13.05	110m Hurdles Male
13-15	5000m Male
13-40	5000m Male Vets
14-10	800m Male Final
14-40	5000m Female
15-10	400m Male
15-20	400m Female
15-30	1500m Male
15-45	1500m Female
16-00	200m Male
16-10	200m Female
16-20	3000m Steeplechase
16-40	4 x 100 Female Final
16-50	Medley Male Final

Field events

Hammer – Male	
11.30	Triple jump - women/men (combined)
12.00	Hammer – female
12.45	Discus – female
12.45	High Jump – women /men (combined)
13.45	Discus – male
13.45	shot putt - female
14.30	Long jump – female
15.00	Shot putt – male
15.00	javelin – women
15.00	pole vault – male
16.00	Long jump – male
16.00	Javelin – male

Tug of war

12.00	Weigh in
13.00	start and then continuous throughout the afternoon

OFFICIALS

Sandra Ennis	Ron Freeman
Bob Purcell	Debbie Hardy
Andy Beckett,	Pat Hussey
Mike Anderton	Mick Morris
Vanessa Anderton	Karen Morris,
Carolyn Franks	Adey Cole
Ian Willoughby	Liz Joyce
Peter Compton,	Stuart Barnes
Tris Elhurst	Arthur Daley
Carol Clark	Ian Atkins
Dave McNamee	Andy Beadle
Alan Clarke	



TRACK EVENTS WITH COMPETITORS

100M – Male				65	James Wales	Scotland	2.04
No	Name	Force	Pb	76	Dave Hall	West Mercia	1.54.94
47	Sean Taylor	Northants	10.8	13	Mike Monkton	Essex	
50	Will Driver	Northumbria	11.1	1500M – Male			
42	William Wilson	Met	12.13	76	Dave Hall	West Mercia	4.11.6
43	Douglas Gray	Met	11.6	13	Mike Monkton	Essex	
72	Andrew Price	South Wales		71	Jeremy Davies	South Wales	4.24
79	Anthony Sutton	West Mids		4	Kevin Loftus	Derbyshire	
15	Cullen Chitty	Essex	11.73	95	Stuart Dinwoodie	Wiltshire	
9	Eifion Lewis	Dyfed Powys		96	Ben Brewster	Wiltshire	4.40
200M – Male				74	Peter Crisp	Tvp	4.13
47	Sean Taylor	Northants	21.82	33	Jayson Richards	Hampshire	
50	Will Driver	Northumbria	23.37	17	James Miller	Gloucestershire	3.58.99
43	Douglas Gray	Met	23.6	18	Darren Jones	Gloucestershire	
72	Andrew Price	South Wales		70	John Diffey	South Wales	
79	Anthony Sutton	West Mids		80	Carl Dunne	West Mids	4.40
9	Eifion Lewis	Dyfed Powys		88	Martin Slevin	West Mids	
15	Cullen Chitty	Essex	25.6	89	Martin Williams	West Mids	3.49
103	David MILLER	SCOTLAND		91	Matthew Henney	West Mids	5.07
400M – Male				64	Cameron Wilson	Scotland	4.10
3	Kevin Pye	Derbyshire	55	3000M Steeplechase – Male			
17	James Miller	Gloucestershire	51.1	4	Kevin Loftus	Derbyshire	
7	Paul Clarke	Dyfed Powys	50.4	30	Mark Evans	Gmp	
60	Cameron Ross	Scotland	52.3	53	David France	Northumbria	
103	David MILLER	SCOTLAND		89	Martin Williams	West Midlands	10.14
800M – Male				11	Charles Quaey	Essex	13
3	Kevin Pye	Derbyshire	2.00	5000M – Male			
74	Peter Crisp	Tvp	2.01.8	96	Ben Brewster	Wiltshire	16.01
33	Jayson Richards	Hampshire		98	Lee Kuklinski	Wiltshire	16.50
17	James Miller	Gloucestershire	1.53.18	74	Peter Crisp	Tvp	16.25
51	Ian Ritchie	Northumbria	2.19	19	Wayne Usher	Gloucestershire	17.54
53	David France	Northumbria	2.10	51	Ian Ritchie	Northumbria	
7	Paul Clarke	Dyfed Powys	1.53	92	Paul Davey	West Mids	17.27
60	Cameron Ross	Scotland		34	James Rickaby	Hampshire	
92	Paul Davey	West Mids	2.08	10	Andrew Hill	Essex	19.15

89	Martin Williams	West Mids	14.27	110M Hurdles –Male		
1	Harry Paton	City Of London		41	Ian Mawdesley	Met 17.5
23	Matt Aston	Gloucestershire		42	William Wilson	Met 21.1

5000M – Male –Veterans

4	Kevin Loftus	Derbyshire	
5	Alex McGill	Derbyshire	
95	Stuart Dinwoodie	Wiltshire	17
97	Ricky Lee	Wiltshire	16.50
30	Mark Evans	Gmp	
18	Darren Jones	Gloucestershire	
22	Pete Wand	Gloucestershire	
70	John Diffey	South Wales	
80	Carl Dunne	West Mids	17.30
81	Darren Riley	West Mids	17.35.5
88	Martin Slevin	West Mids	
91	Matthew Henney	West Mids	19.38
11	Charles Quaey	Essex	20
12	John Jackson	Essex	18.40
71	Jeremy Davies	South Wales	16.12
21	Roddy Gosden	Gloucestershire	
77	Warren Miles	West Mercia	

400M Hurdles –Male

33	Jayson Richards	Hampshire	
41	Ian Mawdesley	Met	58.1
42	William Wilson	Met	67.5
60	Cameron Ross	Scotland	58.3

3000M Walk- Male

40	Gary Smith	Met	17.20
73	Mike Bowron	Jersey	
84	Glyn Jones	West Mids	
88	Martin Slevin	West Mids	16.59
14	Steve King	Essex	

RELAY EVENTS

Medley Race – Male

Met
Gloucestershire
West Mids
Scotland
Essex



FIELD EVENTS

High Jump - Male

2	Mark Beer	Derbyshire	1.90
49	Steve Gill	Northumbria	2.08
64	Cameron Wilson	Scotland	

Long Jump – Male

2	Mark Beer	Derbyshire	6.50
44	Samuel Bobb	Met	6.89
15	Cullen Chitty	Essex	5.38

Triple Jump - Male

44	Samuel Bobb	Met	15.21
72	Andrew Price	South Wales	
15	Cullen Chitty	Essex	11.21

Pole Vault - Male

2	Mark Beer	Derbyshire	3.90
24	Marc Flannery	Gloucestershire	3.10

Shot - Male

37	Matt Hammond	Humberside	11.94
6	Simon Fricker	Dorset	16.02
52	Paul Corrigan	Northumbria	16.04
61	David Oglivie	Scotland	11.98
62	James Lewthwaite	Scotland	
93	Alex Berrow	West Mids	12.14
25	Dan Smith	Gloucestershire	
26	Andy Laing	Gloucestershire	

Discus – Male

37	Matt Hammond	Humberside	36.88
6	Simon Fricker	Dorset	50.98
52	Paul Corrigan	Northumbria	44.04
61	David Oglivie	Scotland	35.76
62	James Lewthwaite	Scotland	
82	Geoff Fullwood	West Mids	22.33
93	Alex Berrow	West Mids	30.31

Javelin – Male

2	Mark Beer	Derbyshire	40
85	Greg Richards	West Mids	29.35
93	Alex Berrow	West Mids	28.64
65	James Wales	Scotland	32
35	Tim Phillips	Hampshire	53.56
26	Andy Laing	Gloucestershire	
25	Dan Smith	Gloucestershire	
103	David MILLER	SCOTLAND	

Hammer – Male

37	Matt Hammond	Humberside	43.73
61	David Oglivie	Scotland	36.51
62	James Lewthwaite	Scotland	
82	Geoff Fullwood	West Mids	30.99
93	Alex Berrow	West Mids	52.09



WOMENS EVENTS

100M – Women				46 Sharon Mchugh	Met Police	4.51
No	Name	Force	Pb	59 Alanna Goddard	Police Scotland	
36	Ciaran Palfreyman	Hertfordshire	12.7	87 Kelly Monaghan	West Midlands	
38	Claire Capon	Kent	12.71	39 Natalie Farrow	Lincolnshire	4.44
57	Carly Sharp	Police Scotland	12.36	94 Heather Mitchell	West Yorkshire	6.25
67	Kate Lerwill	South Wales	15.2			
56	Sandra Jackson	Northumbria	14.4	5000M- Women		
59	Alanna Goddard	Police Scotland		99 Jane Hughes	Wiltshire	22.50
86	Kate Morris	Police Scotland	15.2	100 Rachel Hardy	Wiltshire	22.50
102	Hayley Fox	Lincolnshire	15.8	20 Jo Fletcher	Gloucestershire	18.22.4
				68 Kelly Morgan	South Wales	18.29
				69 Heidi Williams	South Wales	
200M – Women				8 Nicola Davies	Dyfed –Powys	
36	Ciaran Palfreyman	Hertfordshire	26.8	45 Louise Foster	Met Police	21.7
38	Claire Capon	Kent	26.69	90 Sarah Rose	West Midlands	
67	Kate Lerwill	South Wales	32.00	39 Natalie Farrow	Lincolnshire	17.47
56	Sandra Jackson	Northumbria	31.4	94 Heather Mitchell	West Yorkshire	21.30
86	Kate Morris	Police Scotland		59 Alanna GODDARD	Police Scotland	
				104 Sophie CLEMENT	West Midlands	
400M – Women				4 X 100 Relay – Women		
55	Sally Youdan	Northumbria	59.6	Gloucestershire		
46	Sharon Mchugh	Met Police	66.0	West Midlands		
59	Alanna Goddard	Police Scotland		High Jump – Female		
83	Gillian Russon	West Midlands		57 Carly Sharp	Police Scotland	1.70
94	Heather Mitchell	West Yorkshire		Triple Jump – Women		
				58 Maureen Mackinnon	Police	
				Scotland		10.05
800M – Women				Long Jump – Women		
68	Kelly Morgan	South Wales	2.36.7	36 Ciaran Palfreyman	Hertfordshire	5.20
55	Sally Youdan	Northumbria	2.17.1	38 Claire Capon	Kent	5.17
8	Nicola Davies	Dyfed –Powys		67 Kate Lerwill	South Wales	2.84
46	Sharon Mchugh	Met Police	2.25	58 Maureen Mackinnon	Police Scotland	5.28
45	Louise Foster	Met Police	3.07	78 Jan Timberlake	West Mercia	4.33
59	Alanna Goddard	Police Scotland		102 Hayley Fox	Lincolnshire	4.10
83	Gillian Russon	West Midlands				
1500M – Women						
68	Kelly Morgan	South Wales	5.44.36			
69	Heidi Williams	South Wales				
8	Nicola Davies	Dyfed –Powys				

WOMENS EVENTS

Pole Vault – Women				66 Claire Cameron	Police Scotland	29.20
102	Hayley Fox	Lincolnshire	2.50	16 Shirley Quinn	Essex	33.33
Shot Putt – Women				Javelin – Women		
75	Ruth Wells	Thames Valley	10.15	75 Ruth Wells	Thames Valley	32.72
31	Sharon Harper	Gmp	8.81	54 Stacey Mohammed	Northumbria	42.00
32	Lisa Boswell	Gwent	9.28	32 Lisa Boswell	Gwent	30.97
58	Maureen Mackinnon	Police Scotland	8.05	63 Jayne Kirkpatrick	Police Scotland	34.16
63	Jayne Kirkpatrick	Police Scotland		78 Jan Timberlake	West Mercia	33.10
66	Claire Cameron	Police Scotland	8.10	Hammer - Women		
16	Shirley Quinn	Essex	8.28	38 Claire Capon	Kent	40.64
				31 Sharon Harper	Gmp	28.89
Discus – Women				75 Ruth Wells	Thames Valley	31.12
75	Ruth Wells	Thames Valley	31.12	32 Lisa Boswell	Gwent	40.63
31	Sharon Harper	Gmp	22.96	66 Claire Cameron	Police Scotland	22.40
63	Jayne Kirkpatrick	Police Scotland	37.52	16 Shirley Quinn	Essex	30.73

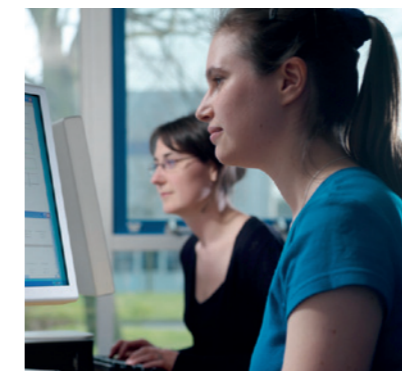


PSUK Track and Field Championship records (as at June 2013)

Event	Holder of record	Force	Time/dist/jump	year
Male				
100m	Dave Balderstone	Lancashire	10.7 secs	1969
200m	Dave Balderstone	Lancashire	21.5 secs	1970
400m	Dave Beacon	Northumbria	47.9 secs	1994
800m	Christopher Carter	Sussex	1.50.1 secs	1971
1500m	William McKim	Staffordshire	3.51.3 secs	1969
5000m	Ian Brown	Central Scotland	14 mins 17.9 secs	1993
3000m	S/C Ernie Pomfret	Durham	8 mins 56.8 secs	1966
110m Hurdles	Tristan Anthony	Metropolitan	14.7 secs	2007
400m Hurdles	Richard Scott	Devon and Cornwall	53.3.secs	2000
3000m Walk	Paul Blagg	Metropolitan	12 mins 23.0 secs	1991
1600 Medley Relay		Metropolitan	3 mins 30.9 secs	1991
High Jump	Stephen Gill	Northumbria	2.08m	1971
Long Jump	Mark Forsythe	RUC	8.01m	1981
Triple Jump	Michael McDonald	RUC	15.21m	1989
Pole Vault	James Lewis	Metropolitan	4.50m	1996
Shot Putt	Geoff Capes	Cambridgeshire	20.25m	1984
Discus	Peter Gordon	Northumbria	56.58m	1981
Javelin	Dean Smahon	RUC	65.46m	1981
Hammer	Peter Gordon	Northumbria	62.80m	1983
Female				
100m	Janet Peacock	Northumbria	12.1 secs	1974
200m	Sian Morris	South Wales	24.81 secs	1988
400m	Mary McClung	Lothian and Borders	54.8 secs	2000
800m	Mary McClung	Lothian and Borders	2.08.3 secs	2000
1500m	Sally Ann Cox	Hertfordshire	4.29.48 secs	1989
3000m	Sally Lynch	Gwent	10.00.9 secs	1994
5000m	Sarah Bradbury	Hampshire	17mins 14.10 secs	2000
4 x 100m Relay		RUC	50.70 secs	1980
High Jump	Nicola Baker	Northumbria	1.75m	1997
Long Jump	Janet Peacock	Northumbria	6.27m	1976
Triple Jump	Stephanie Morgan	West Midlands	11.61m	2004
Pole Vault	Haley Fox	Lincolnshire	2.50m	2003
Shot Putt	Tracy Axten	Metropolitan	15.45m	1998
Discus	Tracy Axten	Metropolitan	53.90m	1996
Javelin *	Helen Potter	Cheshire	40.54m	2002
Hammer	Claire Capon	Kent	38.63m	2011

* New Javelin specification introduced

IDENTIFICATION INTERPRETATION INNOVATION



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POLICE SPORT UK

event programme

TRACK & FIELD
and TUG OF WAR
CHAMPIONSHIPS

2013

MARY WIXEY

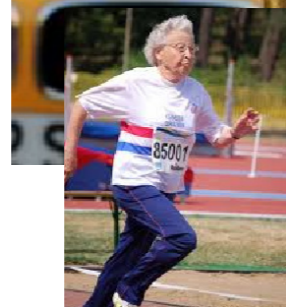
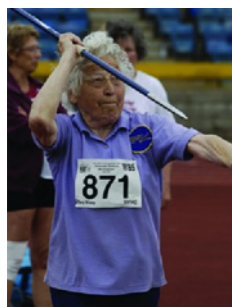
Mary Wixey who is a veteran competition athlete will be a guest during the day and will be bringing along her Olympic torch that she had the honour of carrying during the Gloucestershire leg of the journey.

Mary is 92 years old and lives in Cheltenham. She was a games teacher and began her teaching career in 1941. She has taught games to generations of Cheltenham girls during her career. She was also a fire watcher for Second World War bombs. She is fondly remembered by many ex-pupils and she is described as being

'Very enthusiastic, very fair, and very strict'

Mary attended the 1948 Olympic Games in London and saw Audrey Williamson from Cheltenham win a silver medal.

She still competes and has won many medals over the years.



POLICE SPORT UK

event programme

TRACK & FIELD
and TUG OF WAR
CHAMPIONSHIPS

2013

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May we take this opportunity to thank our Sponsors and Partners who have assisted in putting on this event and making in the success we hope it will be. Our thanks go to:

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Established in 1880, we make cider and perry the way you want it to taste.

Deep in the heart of the Herefordshire countryside, Westons Cider Mill is situated in the old village of Much Marcle. It was in 1878 that Mr Henry Weston came to farm at The Bounds, a farmhouse nestled amongst apple and perry pear orchards.

In 1880, Henry joined the Herefordshire cider-making community and began a legacy of tradition and quality. Making cider and perry from his own fruit, collected from his own orchards, Henry contributed to the annual pattern of life in the country. In fact, there was always a barrel of cider in the cellar for the family to use - and a hogshead in the cider house for the farm workers. Who, at the start of each day all year round, brought their wooden 'costrels' to the cider house to be filled with the days allowance.

Since then, we have continued to lovingly produce cider and perry to the highest quality and tradition set out by Henry Weston himself. In fact, to this day we are so proud of our heritage and cider making skills we put our family name on every single bottle

Open all year round

Opening hours:

Monday-Friday 9am-5pm (Fridays until 6pm)

Saturdays, Sundays & Bank Holidays 10am-4.30pm

Christmas period: 24th, 29th, 30th, 31st 10am-4pm

Mercure



The Queen's

Mercure Cheltenham Queen's

The Mercure Queen's Hotel is an elegant and imposing structure, described as one of the noblest buildings of its kind in Europe. You will experience superb standards of comfort and convenience in this ever fashionable Regency hotel. The hotel overlooks the Imperial Gardens on the famous Promenade, a mere stroll from the town's many excellent shops and restaurants. The hotel offers the Napier Restaurant and Conservatory, the Gold Cup Bar and Lounge. Onsite parking available.

Hotel address

The Promenade

Cheltenham

GL50 1NN

Tel : (+44) 1242 307800

Fax : (+44) 1242 262538

Mail: H6632@accor.com

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Based right in the heart of Cheltenham just a 1 minute walk from the High Street, we offer excellent location, complimentary breakfast buffet, numerous discounts to local bars and restaurants, free entry to Fitness First gym and spa and discount with our neighbouring car park. Make the most of your in-house experience with our 24 hour bar and lounge area, our beautifully landscaped courtyard and our helpful team on hand 24 hours. All of our bedrooms have an en-suite bathroom, LCD TV with the latest movie releases, tea & coffee facilities, power shower and high speed internet access. Please make sure to ask our team about our current bar and movie promotions during your stay.

Holiday Inn Express Cheltenham Town Centre

Winners of the **Hotel of the Year Award**
IHG Hotel Star Awards, Europe 2012

