



CP4

CP3

Marshal

Start/Finish

CP2

**Start** - Behind King's Head Inn  
- Thirlspot

**Marshal** - Helvellyn Lower  
Man - Path Fork

**CP 1** - Helvellyn Cross Shelter  
(Marshalled)

**CP 2** - Raise (Marshalled)

**Marshal** - Stybarrow Dodd -  
South-West Lower Summit

**CP 3** - Stybarrow Dodd  
Summit (Marshalled)

**CP 4** - Path Junction Stannah  
(Marshalled)

**Finish** - In front of King's Head  
Inn - Thirlspot

Marshal

CP1