

Venue

Victoria Park, adjacent to De Montfort Hall and Leicester University. The park is also close to the railway station and a 10 minute walk from Leicester City Centre.

The postcode for Victoria Park is LE1 7RY.

Parking

Street parking is limited around Victoria Park but various NCP car parks are in close proximity to the venue with a maximum of a 10 minute walk.

Disabled Parking is available at the front of De Montfort Hall.

Registration

You do not need to register on the day.

However, if you experience any problems or have any queries then please go to the Charles Wilson Building Information Desk, which is located near the starting point.

Starting

The event will start at 9.15am at Victoria Park on the tarmac road adjacent to De Montfort Hall.

Please be courteous to the faster runners, and position yourself at the start in the correct time pens for your projected finish time.

Marshalls

These will be stationed at regular intervals on the course in order to direct the runners and alert traffic.

Please follow their instructions.

Your Time and Results

This year again the timing chip will be your official timing device. **ChampionChip** timing chip should be attached around your ankle with the Velcro strap provided in this pack (do not wear it on your wrist).

When the gun goes your time is started. It stops when you cross the finish line. The gun is your official race time. All prizes, records and team results are based on this.

It records your own personal time and Chip Time. As you cross the start line your time starts and stops when at the finish. Both times will appear on the website, but the Chip Time is only for your interest.

Any un-returned ChampionChips cost the event a considerable amount of money and raise entry fee. Please help us by returning it in the envelope provided

Failure to do so will result in a £10.00 charge.

Your Race Number

Your number **MUST** be worn on the front of your running top. Altering the number in any way such as size will lead to automatic disqualification. The enclosed number is for the person who signed the entry form disclaimer.

If you are unable to run then **please do not pass your number to anyone else.** The small letter marked with the number indicates your requested T-shirt size.

Important: Please check that your race number matches the number on the pack envelope and chip number. If not, please contact the race Hotline on 0116 2318484.

Refreshments

There will be water available every 3 miles and at the finish. High5 energy gels will also be available at 16 miles.

Left Luggage

If you leave your luggage in the area provided then please ensure that you keep hold of your race number and documentation in order to get your luggage back. Please write your number on the luggage tag enclosed. Organisers are not responsible for any losses so please do not leave any valuables.

Emergencies

First aid and paramedics will be stationed around the course for emergencies. It is your responsibility to make sure you are fit and healthy to take part in the race. The organisers reserve the right to withdraw a participant from a race if they do not feel they are fit and healthy enough to participate.